

Natural Rejuvenation MedSpa

Rejuvenate Now, Age Later

It's a cool day in mid-September, and I'm sitting with one of Newcastle Life's business partners, Noemi Erickson, owner of Natural Rejuvenation MedSpa, at her zen-like Bellevue office. We are discussing what, exactly, does rejuvenate naturally mean, and in this process, I am learning more about what she does, who she works with, and – most importantly – about the amazing results that come from her work.

In the aesthetic business, technical terms might be hard to really understand, but words like Lutronic Infini, RF microneedling and LASE MD are important. These treatments provide a total skin solution that can help with a variety of issues surrounding skin, aging and scarring. Noemi works with the body's own ability to heal, which in turn can reverse common aging concerns. Without using chemicals, poisons, or surgery, Natural Rejuvenation MedSpa helps you look younger, naturally – and with virtually no down time.



Noemi tells me the story of David, a 56-year-old man who came to see her about 5 years ago. David had lived a life outdoors, biking for hours in the sun, and his face showed it. He was not ready to look older than his years, and found the perfect medspa to help.

David had services that included microneedling, LASE MD and thread lifts that helped his body reverse the signs of aging and has taken years off his appearance. He capitalized on his body's ability to heal and repair by using this cutting edge technology.

Check out the photos - David looks younger from one picture to the next, but he's actually two years older!

Next, we talk about Kate. A 64-year old woman, Kate found that she was losing out on work opportunities to younger women. She chose to invest in Natural Rejuvenation MedSpa to help her create a more youthful appearance and age gracefully. Looking her best gave her the confidence to capitalize on her talents and experience, and her career is skyrocketing.

Natural Rejuvenation MedSpa works with clients from 25 to 70 years old. Noemi's oldest client is 85, but doesn't look a day over 60.

If you no longer recognize your face when you look in the mirror, are desperately looking for the foundation of youth, or are just interested in learning more, contact Noemi at Natural Rejuvenation MedSpa.

We can help you rejuvenate:

- Crows feet
- Smiles lines
- The "elevens"
- Under-eye bags
- Drooping eyelids
- Acne scarring
- Active acne
- General scarring
- Brown spots



David - before and after photos



Kate - before and after photos

Natural Rejuvenation MedSpa
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 Phone: (425) 281-4325
naturalrejuvenationmedspa.com



A natural way to
Smooth Wrinkles
 Rejuvenate Now - Age Later

We provide your **total skin solution** with LaseMD (tone, texture and pigment) and Infini for skin tightening and repair.

INFINI
 Lutronic Infini Rf microneedling



laseMD
 LaseMD GLO Treatment, the latest innovation in laser skin rejuvenation now available.

Located in Bellevue, WA | 425.281.4325
naturalrejuvenationmedspa.com
 beautyforlife206@gmail.com

Purple Cafe and Wine Bar

with *Newcastle Life* and *Bridle Trails Life*



It was a fun mix of folks from both Bridle Trails and Newcastle.



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Purple served a delicious spread for us!

neighbors' night out

On Monday, October 14, Bridle Trails Life and *Newcastle Life* celebrated a neighborhood night out at Purple Cafe and Wine Bar. Residents said it was a "great event" and even a "favorite event so far". Everyone was blown away by the lively atmosphere and great fare.

Purple served a delicious spread that included crab cakes, spicy prawns, skewers, charcuterie, pizzas and so much more. If you haven't been to this cafe in a while, I recommend you check it out again. From an extensive wine list, to a fun ambiance and incredibly tasty food, it's a restaurant you want in our repertoire.

Connecting with people in your own neighborhood is great, but it's also fun to meet folks from different areas in the city, and this event did not disappoint. Bridle Trails residents met folks from Newcastle, and I think everyone made some new connections. The event was such a success that we will continue to host these joint events. We hope to see you at our next one!



Check them out: 430 106th Ave NE, Bellevue, WA 98004

Elly REAL ESTATE RESOURCE GUIDE

McKenzie Keeping you informed on Newcastle Real Estate

ACTIVE - \$1,998,000



15203 SE 80th St
4 bedrooms
4.5 bathrooms
5,225 sf home
12,949 sf lot
Built in 2007
Listed: 10/10/19
DOM: 13

ACTIVE - \$1,500,000

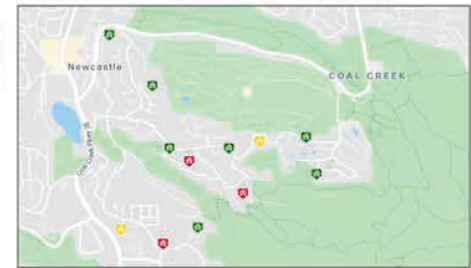


14416 SE 89th Pl
5 bedrooms
2.75 bathrooms
4,009 sf home
13,239 sf lot
Built in 2003
Listed: 10/09/19
DOM: 14

ACTIVE - \$1,275,000



7988 145th Ave SE
4 bedrooms
2.75 bathrooms
2,860 sf home
9,106 sf lot
Built in 1989
Listed: 10/08/19
DOM: 15



Street Number	Stat	BD	BA	SF	SF Lot	Built	List	Sold	Date	DOM
15228 SE 83rd Lane	A	4	3.75	3,580	8,058	2005	\$1,350,000		10/1/2019	158
14102 SE 83rd St	A	3	2.5	3,330	16,243	1997	\$1,295,000	PRICE DROP	7/11/2019	104
7536 138th Place SE	A	5	2.75	3,100	6,066	2001	\$1,035,000	PRICE DROP	9/5/2019	48
6908 135th Place SE	A	5	4.25	5,407	10,414	2005	\$2,200,000		9/30/2019	23
8016 149th Place SE	P	4	4	4,290	20,112	2004	\$1,498,000		10/19/2019	45
8915 137th Ave SE	P	5	3.5	3,424	6,358	2016	\$1,049,000		9/27/2019	16
14202 SE 83rd St	S	4	3.5	5,350	12,610	1998	\$1,420,000	\$1,320,000	9/30/2019	386
8519 146th Place SE	S	5	4.75	5,664	33,358	2000	\$2,095,000	\$1,995,000	10/7/2019	45
9051 139th Ave SE	S	4	2.75	3,050	11,984	2001	\$1,198,000	\$1,198,000	10/2/2019	4

Properties listed here do not reflect all sales activity in the area. For more information please contact Elly McKenzie.

Featured properties may not be listed by the office/agent presenting this information

Source: Multiple Listing Service. All information herein has not been verified and is not guaranteed. Supplied by Windermere Bellevue Commons



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REAL ESTATE

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